



WYVERN ACADEMY

EGGLESTON VIEW
DARLINGTON
CO. DURHAM
DL3 9SH
TEL: 01325 351377
FAX: 01325 282523

www.wyvernacademy.org

E-MAIL: adminoffice@wyvernacademy.org

20th November 2017

Dear Parent / Carer

Secondary Healthy Lifestyle Survey 2017-2018

We are writing to let you know about some exciting work we are going to be doing in the next few months.

Our school is taking part in a local programme along with six other secondary settings locally. For some years now the secondary schools in Darlington have completed a Healthy Lifestyle Survey with all students.

The survey gives us the opportunity to collect information on how healthy our young people are and if they are leading healthy lifestyles.

The information gathered from the survey will enable us to provide a curriculum that meets the needs of the students within our school, giving them information on smoking, energy drinks, relationships, alcohol, drugs, physical activity, eating habits, bullying, emotional wellbeing and internet safety. Our staff will receive relevant training, resources and support that will enable us to support our students to develop their knowledge, skills and explore their attitudes about relevant health issues, allowing them to make informed choices, stay safe and ask for help if they need it.

This type of survey provides extensive evidence and locally we are now seeing a change in attitudes and behaviour from young people in Darlington on health issues.

We hope to share key findings from the survey with you and would always encourage you to talk about these issues with your child at home. If you are interested in finding out more about this work, have any questions or would like to access information and support on these issues, please contact the school and speak to Mrs Phillips on the school number 01325 351377 or email her on phillips@wyvernacademy.org.

Yours sincerely

Mrs M Wilkinson
Headteacher

HEADTEACHER: MRS M WILKINSON BA (HONS) PGCE

WYVERN ACADEMY ARE PART OF CONSILIUM ACADEMIES

COMPANY REGISTRATION NUMBER 09495671

