

School Nurse Drop in

Thursday Lunchtime

Media Room

Come along to discuss:

- ❖ Healthy lifestyles
- ❖ Sexual health
- ❖ Emotional health
- ❖ Stress and anxiety
- ❖ Eating or weight concerns
- ❖ Relationships/Family
- ❖ Drugs and alcohol
- ❖ Self-harm

Your School Nurse is **Shunara**

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