

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	Beef stew & Yorkshire	Sweet Chilli Chicken Noodles	Roast Gammon	Cheese & Ham Bake	Battered Cod
Main 2	Chicken Balti	Pasta Bolognese	Chicken Rogan Josh	Cowboy Chilli	Cheese Burger
Vegetarian	Quorn Lasagne	Cheese & Onion Pasty	Stuffed Jackets	Chinese Veg Curry	Quorn Sausage
Potatoes	Roast	Wedges	Mash	Herb Dice	Chips
	Main meals served with seasonal vegetables or salad				
Pasta Bar	Pasta served with a selection of sauces				
Chicken Wraps	Tortilla wrap filled with chicken of the day and salad				
Sandwich	A selection of freshly made bun's, wraps and sandwiches				
Dessert	Dessert of the day				
Fresh fruit and a selection of drinks also available					