

Year 9 to KS4 Transition Support

BTEC Health and Social Care

Transition Project

In preparation for the start of your course in September, you should use this time to research the content you need to help with your first assignment

Week 1: Getting started-New terminology

It's important for us to understand key terms throughout the course and consider how we place what we learn in 'Health and Social Care' into our everyday lives. This week's work should ease you in to some of the important elements.

Task 1: Research what the descriptive terms mean for each category.

For example: Fine motor skills are.....

PIES

P	Physical	e.g. Fine and gross motor skills, growth, Primary and secondary sexual characteristics and skin elasticity.
I	Intellectual	e.g. Problem solving, creative thinking, Memory recall and language development.
E	Emotional	e.g. Bonding and attachment, isolation, independence, security and contentment.
S	Social	e.g. Solitary, parallel and cooperative or social play, The socialisation process and skills needed to maintain relationships.

Milestones: an event that happens generally to **ALL** people at the same time in their life e.g. in infancy learning to walk or in adolescence going through puberty.

Task 2: Using the 6 life stages as sub-headings, add in the milestones that all individuals go through in their life.

- Infancy (0-2 yrs)
- Early childhood (3-8yrs)
- Adolescence (9-18yrs)
- Early adulthood (19-45yrs)
- Middle adulthood (46-65yrs)
- Later adulthood (65+yrs)

Use video link for support: <https://www.youtube.com/watch?v=eqdKhtyn0i4>

Week 2: Milestone development through PIES

Task 1: For each of the 6 life stages, assign examples of PIES. **Complete this for a man and a woman.**

See example below.

PIES	Milestones in early childhood
Physical	Dressing and washing themselves, ride a bike, catch and throw a ball, walk upstairs unaided



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Intellectual/Cognitive	Like to ask questions, speak in full sentences, developed vocabulary, learn from role models, egocentric
Emotional	Learn to share, show empathy, have a need to become more independent, start to explain emotions (e.g. I'm sad)
Social	Form friendships, temper tantrums occur, cooperate with others, parallel and social play happens, rely on adults

Week 3: Human lifespan development- Early childhood

Task 1: Answer the following questions in as much detail as possible about Bruce Jenner. (Some questions may not be relevant, so therefore do not require an answer)

- Where was your celebrity born?
- When were they born?
- Did they live in the city/town/area they were born in during early childhood or did they move? What kind of house did they live in?
- Which PIES would their living conditions affect in early childhood & why?
- Did they go to nursery? If so where?
- Which primary school did they go to?
- Did they enjoy school?
- Did they do any activities outside of school? (e.g. football, ballet etc)
- Which PIES would their education affect in early childhood and why?
- Who are their parents?
- Were their parents together in this life stage?
- What jobs did their parents do?
- How much did they earn?
- Do they have siblings? How many? Are they older or younger than your celebrity?
- Are their parents still alive?
- Were they close to their parents? Did they have a stronger bond with one more than the other?
- Which PIES would their relationship with their family and their parent's income affect and why?
- Did your celebrity suffer from any illnesses during early childhood (e.g. Cancer, asthma etc)? What age were they? Do they still suffer from it now?
- Which PIES would their illness affect and why?
- Which PIES would their religion/culture affect and why?

Week 4: Human lifespan development- Adolescence

Task 1: Answer the following questions in as much detail as possible about Bruce Jenner. (Some questions may not be relevant, so therefore do not require an answer)

- Were there any major changes to your celebrity's family? What were they? (e.g. did their parents divorce/remarry? Did any of their family members pass away? Etc. Did they change their religion or stop following their religion?)
- What was their relationship with their friends and family like?



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- Did their childhood illnesses still affect them in adolescence? How? (e.g. asthma)
- Which PIES would each of the above affected and why?
- Where did they go to secondary school? Did they continue their education after leaving school? (e.g. A levels, apprenticeship etc.)
- Which PIES would their secondary and college education affect and why?
- Did they have a part time job? What did they do? What did they earn?
- Which PIES would their part time job affect and why?
- What kind of diet did they have? (e.g. Did they become vegetarian/vegan? etc)
- Which PIES would their diet affect and why?
- Did they suffer from any illnesses? If so what?
- Did they suffer from any mental health issues? (e.g. anxiety, eating disorders?)
- Which PIES would their illnesses affect and why?
- Did they have any substance addiction? (e.g. drugs, alcohol etc.)
- Did they start smoking?
- Which PIES would their lifestyle choices affect and why?
- Did your person start their celebrity career during adolescence? If so what were they doing? (e.g. modelling, acting etc.) What did they earn?
- What happened to the money they earned? (e.g. put into a bank until they were 18, spent on their education etc.)
- Did they start a relationship during this life stage? How long did it last?
- Which PIES would their relationship affect and why?
- Did they change their appearance in any way? How? (e.g. tattoos, piercings etc)
- Did their image affect their self-esteem and self-image?
- Which PIES would their image affect and why?
- Did they have any role models or a person they aspired to be like?
- Which PIES would their role model affect and why?

Week 5: Human lifespan development-Middle Adulthood

Task 1: Answer the following questions in as much detail as possible about Caitlyn Jenner. (Some questions may not be relevant, so therefore do not require an answer)

- Were there any major changes in your celebrity's lives? (e.g. did they lose any relationships?)
- How will their PIES be affected due to this?
- Did they get married/divorced? (When? To who?)
- Are they still married? (If they divorced, are they remarried or in a relationship?)
- How does their marriage/divorce affect their PIES? Why?
- Are they parents or grandparents?
- How will parenthood affect their PIES? Why?
- Did they have to learn a new career?
- Are they happy in their career choice?



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- How much are they worth?
- How will their career and income affect their PIES development? Why?
- Do they do any charity work? What do they do?
- How will this affect their PIES? Why?
- Did they continue with any lifestyle choices they started in adolescence (e.g. alcohol, drugs, smoking, diet, exercise?)
- How will these lifestyle choices affect their PIES? Why?
- Did they make any new lifestyle choices in early adulthood? What were they?
- What were the consequences?
- How will these new lifestyle choices affect their PIES? Why?
- Have they had any illnesses?
- How will PIES be affected?
- Has their diet and appearance changed?
- How will PIES be affected?
- Is their friendship group made up of just celebrities or do they rely on old childhood friends?
- How will PIES be affected due to their social group? Why?

Week 6 & 7: Reflection

Task 1: For each of the 3 life stages, complete the following 4 questions;

- In your opinion, did your celebrity achieve all their **physical** milestones in this life stage? Why do you think this? Were they on track, behind or ahead of their milestones?
- In your opinion, did your celebrity achieve all their **Intellectual** milestones in this life stage? Why do you think this? Were they on track, behind or ahead of their milestones?
- In your opinion, did your celebrity achieve all their **emotional** milestones in this life stage? Why do you think this? Were they on track, behind or ahead of their milestones?
- In your opinion, did your celebrity achieve all their **social** milestones in this life stage? Why do you think this? Were they on track, behind or ahead of their milestones?

REMEMBER TO BRING THIS WORK WITH YOU FOR YOUR FIRST HEALTH AND SOCIAL CARE LESSON BACK AT SCHOOL.

Suggested Reading or Viewing:

GENERAL HEALTH AND SOCIAL CARE LINKS



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<https://www.youtube.com/watch?v=eqdKhtyn0i4>

WEB LINKS RELATED TO ASSIGNMENT 1A

<https://www.bing.com/videos/search?q=i+am+cait+full+documentary&docid=607999581701738048&mid=1EA88E2D02BE59352E4B1EA88E2D02BE59352E4B&view=detail&FORM=VIRE>

<https://www.bing.com/videos/search?q=about+bruce+documentary+bruce+jenner&&view=detail&mid=536AF720AF0ABF310D8E536AF720AF0ABF310D8E&&FORM=VRDGAR&ru=%2Fvideos%2Fsearch%3Fq%3Dabout%2Bbruce%2Bdocumentary%2Bbruce%2Bjenner%26FORM%3DHDRSC3>

<https://www.bing.com/videos/search?q=Caitlyn+Jenner+Interview+2019&&view=detail&mid=85F7A331EF4B5055060285F7A331EF4B50550602&&FORM=VRDGAR&ru=%2Fvideos%2Fsearch%3Fq%3DCaitlyn%2BJenner%2BInterview%2B2019%26FORM%3DVDMHRS>

<https://www.bing.com/videos/search?q=Caitlyn+Jenner+Interview+2019&ru=%2Fvideos%2Fsearch%3Fq%3dCaitlyn%2BJenner%2BInterview%2B2019%26FORM%3dVDMHRS&view=detail&mid=4A2955ADFE60AF3863F44A2955ADFE60AF3863F4&&FORM=VDRVRV>

<https://www.bing.com/videos/search?q=vanity+fair+interview+bruce+jenner&&view=detail&mid=ADB549166BA6B30FAEE5&&FORM=VRDGAR&ru=%2Fvideos%2Fsearch%3Fq%3Dvanity%2Bfair%2Binterview%2Bbruce%2Bjenner%26FORM%3DHDRSC3>

BOOKS AND TV SERIES

The secrets of my life, 2017

I am Cait (series 1-2)

Keeping up with the Kardashians (series 1-10)